

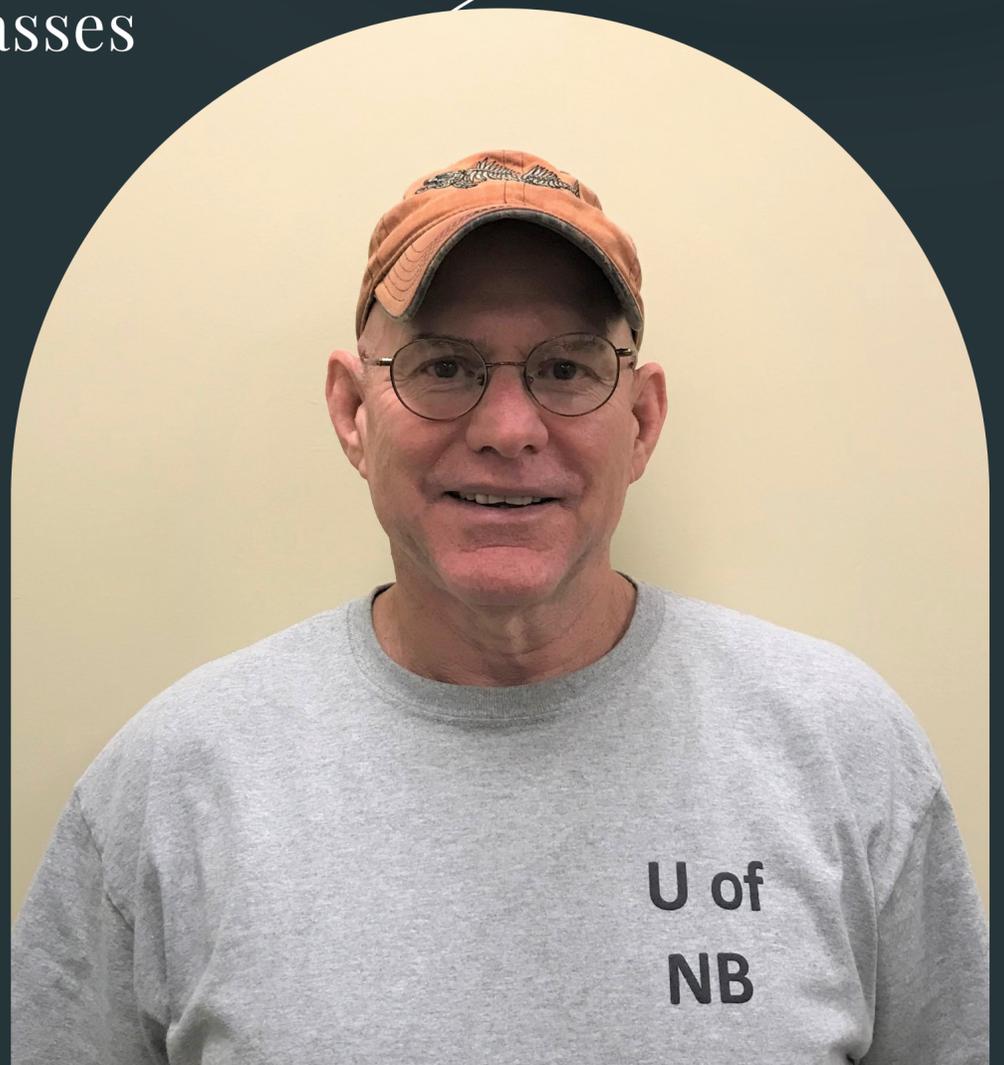
# RON PERRY

## EXPERIENCE

I started teaching cycling classes at the LCC in July of 2016.

## TEACHING STYLE

Our cycling classes offer something for everyone, whether you're an experienced rider or someone who just wants a different form of exercise, we can meet your needs and have fun along with a good workout. Come give us a try!



*My favorite quote:*

“How old would you be if you didn’t know how old you are?” –Satchel Paige

## INTERESTS

Swimming, biking, triathlons, outdoor activities, family, some travel.